2: Marshall G-5 (1870) 1873 Toda

CHAP. VIII.

137 262 The Todas state it, as a matter of tradition amongst them, that the time was when they subsisted largely upon roots. They are even now partial, amongst others, to that which is known in India by the name of Salup Misri—orchis mascula—a terrestrial orchid which grows in great abundance on these hills. The woods also abound in edible varieties of wild-fruit—pôm—and herbs of sorts.

177 273 276 Intoxicating liquor or drug had never been utilised by these people prior to the arrival of the English. And tobacco is still a luxury.

262 862 Infants are nursed by their mothers, as a matter of general habit, for about three years: and it is not uncommon, for them to be still suckling when in the sixth year. Boiled millet or rice warmed in milk is a common article of diet for young children.

252 As a general rule, food is either eaten uncooked or boiled: but is sometimes baked or parched.

564 The Todas have no 'caste' prejudices; those Âryan fears of contamination which haunt the population of the plains, requiring that persons not of the precise same grade of life or family, should cook and eat apart: and which place obstacles to the intermarriage of those of different castes, as insuperable as if they were of foreign religions or nationalities.

264 Their two meals—which the women almost invariably cook—are eaten between the hours of 9 and 10 in the morning, and of 7 and 8 in the evening, in their little houses, but never in the dairy.

Men and women do not eat together at home, but the adult males of the family dine first, then the females. This as a matter of etiquette; which is not however so stringent as to preclude the women from eating before the men if there should be just occasion for them to do so. Children of both sexes have their meals either with the men or with the women. When one comes to consider the smallness of their houses and the primitive nature of their practices, one cannot

13: Peter E-5 (1939, 1949) 1963 AW60 Toda AW60

[Melgarsh Village]

846 796 183 us spectators (Munbokwutn, the youngest father, was also there), started crying. He insisted that he be given some water to drink, which was done, although not strictly in accordance with custom. Sodam was also given a little, as she too started to cry when she saw her little brother getting what he wanted. But Sodup did not stop crying. He now complained that they were taking his mother away, and that he would be left without her. Sodam added her wails to his, and finally Erzigwuf took them both along with her into the *puzharsh*, which was quite unorthodox. So there did appear, all the same, to be a certain amount of [865] jealousy in the hearts of the two elder twins.

In the middle of the ceremony, Kuddhue turned up. He was, at the time, functioning as the *wursol* of the Karsh *mad*, and should strictly [789] have remained on the job. He had even come to Melgarsh by the quick- [793] est way, i.e. along the main road, which made him unclean and unable to resume his work as a priest without the complicated ritual of purification. But he preferred to be *perol* ("ordinary man", that is, unclean), he said, than to miss the new-born twins, whom he had not yet seen. He brought some sweets for Sodup and Sodam, but the latter were already in the *puzharsh* and could therefore not be given them.

124 In order to obtain information concerning initial maternal care of children and the early development and education of the latter, I was obliged to question Erzigwuf and not rely only on my observations (which I would have preferred) as the time at my disposal did not allow for the longer method.

853 Thus, in answer to my questions, she told me that she had breast-fed her children for the following lengths of time: Pershrörsh, one year and [862] a half; Narjilkh, three years; Pengelam, two years; Sodup and Sodam, two and a half years. She had, she assured me, fed them this way even after she was pregnant, the last set of twins until the seventh month. [856] The fact that the babes had teethed when they were seven months old had not kept her from continuing breast feeding; they had certainly bitten her, but that was not much worse, she said, then their pulling and scratching her breasts with their hands. Sodup had been especially bad in this respect, tugging at her hair too, throwing stones and household articles at her and, after he was a year old and could walk, saying aggressive and sadistic things to her, such as his desire to disembowel her. They behaved thus when she did not suckle them quickly enough but also, she added, when suckling it seemed to add to their enjoyment.

862 The usual way to wean Toda children is to smear the nipples with the plant called *poli*, but it had not been necessary to do this with the twins

13: Peter E-5 (1939, 1949) 1963 AW60 Toda AW60

[Melgarsh Village]

as they had given up of their own accord when the taste of Erzigwuf's milk changed, due to her advanced pregnancy. 862

Somewhat incredulous of Erzigwuf's assertions as they were made to me, I questioned the local medical practitioner of Ootacamund, Colonel D'Souza, Indian Medical Service (rtd.) about their veracity. He assured me that it was quite possible. He said, even, that it did not tire the mother, as after some time "it becomes mechanical". Colonel D'Souza also assured me that the contention often heard that prolonged suckling prevents conception was a fallacy completely disproved by facts, "at least in Asia". Erzigwuf also told me that Sodup and Sodam were born after she had not had any menses for eight years; two days after, however, she contradicted herself and said this was not correct (she said she had made "a mistake"). But another time she assured me that Toda women cease having any sort of periods for four months after they have given birth; that is why, she said, they cannot have children earlier – she herself had been like this. Although I do not much believe in this assertion, which is contrary to every ordinary observation anywhere, I give it here for what it is worth. 853 841 842

Small children suck their thumbs very early, Erzigwuf asserted. As a proof, she showed me one of the new-born twins, fast asleep in her lap with its thumb in its mouth. For napkins, she used bits of cloth which she regularly changed and washed. She said that she taught her children to be clean after six months. Before that, she would take them out at regular intervals and hold them in her hands, both boy and girl. Then, after, she would teach them gradually to go out by themselves, punishing them by beating them on the buttocks with a stinging nettle (called *tworkh* in Toda) when they misbehaved in the house, and rewarding them with sweets when they were good and did as they were told. They learned very quickly, in approximately one month. 854 863 [861] [824]

Regarding genital development, Erzigwuf was very outspoken, and I had no difficulty in getting information from her, even in the presence of Narjilkh and Pengelam, who would listen with interest to the conversation through Kanvarsathi-Sunderdoss, my interpreter. She said that masturbation started very early – at about nine months. They play with their genitals, both boys and girls, but the former more so, all the time; when walking, suckling and lying down, as she put it. When they get older, this play is intensified, and after they have reached the age of one year, she intervenes to stop it. She did so, she said, and not Mutnarsh who "lets the children do anything they want". Asked why she did not allow them to carry on freely, she said, because if she did not forbid 864